



# CBS Inc. NEWS



EDITION 007 December 2019

Community Bridging Services (CBS) Inc. is a proud South Australian not-for-profit organisation  
Cover Photo: Cody, Stefan, Matt and Craig at Beyond. Making it happen! launch

## Celebrating Success, 16 years of Amelia Rix Award Winners

Caroline Manetta

The Amelia Rix Award is held in memory of the late Amelia Rix who was a long-term participant in our Community Bridging Services (CBS) Inc. Jobnet Employment Program. CBS Inc. established the Award in 2003 for other participants with a disability achieving open employment in South Australia. Winners need to show similar determination and spirit to Amelia in finding and keeping a regular job. The event recognizes and acknowledges people who have achieved their goals through determination and perseverance. Nominees also need to actively participate in other volunteer and community work.

There were 11 nominees for the 2019 Amelia Rix Award. The Award celebrates success and is proof that employees with a disability are an asset to any employer and the local community. Four nominees were from SA rural regions, i.e. Murray Bridge, Port Pirie, Port Augusta and Whyalla. The nominees are employed in a variety of fields, e.g. retail, administration, concierge, art gallery assistant, production, maintenance, horticulture, park attendant. Their community work includes youth work, music therapy, sports clubs and the arts.

The winner of the Award, Nigel from Norwood, received \$1,000 and the runner ups, Lisa from Pt Augusta and Deb from Noarlunga, \$400.

Freddie said "Award winners over the years, are making great contributions not only to their business owners and their colleagues, plus the local communities where each person lives. All they needed was a start from others who could see their loyalty, commitment and potential. At CBS Inc. we are committed to employing staff with a disability and results of a recent anonymous survey of our employees indicated 25% of our staff have a declared disability."

CBS Inc. is a recognised leader in the provision of support for people with a disability in the areas of open employment, further education, NDIS, the arts and recreation. We are a not-for-profit organisation, supporting success by focussing on strengths and interests.

The Awards ceremony was held at the Adelaide Pavilion on 14 November. The generous sponsors of the 2019 Amelia Rix Award were also recognised at the ceremony.



Employment Officer Andrea with 2019 CBS Inc. Amelia Rix Award winner Nigel



Ted Rix with 2019 CBS Inc. Amelia Rix Award runner up Deb from Noarlunga and Freddie Brincat OAM, Executive Director



2019 CBS Inc. Amelia Rix Award runner up Lisa with Pt Augusta staff Elle and SImone  
Nominated participants and staff



It has been a busy year for our Choices® CBS groups. Participants have enjoyed numerous activities and experiences, including: swimming; bowling; movies; tram rides to Glenelg; regular live music acts; BBQs and picnics; performances at the Adelaide Fringe Festival; art galleries; museums, including the MOD (science) museum; cooking activities; massage & sensory sessions; chocolate factory tours; Whispering Wall at Tanunda; Adelaide Royal Show; Adelaide Oval tours; Warrawong Wildlife Sanctuary visit and visits to the central market.

While most of our programs are taking a break over Christmas we welcome your enquires for 2020.

Please contact us today,  
Tel. (08) 8201 4322



## Beyond. Making it Happen!

Gabby Jones

On 22/11/2019 the Hon Steve Georganas MP, Federal Member for Adelaide officially opened our new school to work transition training facility. The Beyond. Making it Happen! (previously school2work Supports) training room is located in the heart of the city on the second floor of the Aurora on Pire Building on Hindmarsh Square. The dedicated training facility promises to provide a flexible and specialised space for the growing Beyond. Making it Happen! team.

Gabby Jones, CBS Inc. Manager of Beyond. Making it Happen! stated that "Our model of participant involvement, decision making and adult learning is proven to be effective in motivating and preparing young people with a disability to take their next steps into adult life. Making their own decisions and learning the benefit of adult patterns of life and work is resulting in early graduates entering open employment. This has been motivating for all of us involved. What sets us apart is our ability to provide a flexible and scaffolded pathway for participants either in group or 1:1. This may mean participants join us while still at school, enter straight into the Beyond. Making it Happen! program and stay with us through to open employment. A great advantage is having the same staff at each step of the journey."

Winners of the CBS Inc. Art Competition were also announced on the night. Voting for the Peoples Choice Awards are open until 10 February 2020.

You can view the artwork at the Bearded Dragon Gallery, 2G Gays Arcade Adelaide or online at [beardeddragongallery.com.au](http://beardeddragongallery.com.au).



Photos from top clockwise: Parents relaxing with Consumer Nominee, Stefan Noto. Steve Georganis with Beyond Manager Gabby Jones. Guests being shown our purpose built Beyond facilities.

## International Day of People with Disability

Mihaela Maguran

For the last 6 years, CBS Inc. has collaborated with The City of West Torrens (CWT) and The Outsiders Festival to celebrate The International Day of People with Disability (IDPWD) in the Auditorium of the Hamra Centre Library at Hilton.

The great art work on display is created by artists outside of mainstream of academically and professionally educated, long term friends of The Outsiders Festival or new comers to it. Many of them are clients or staff of CBS Inc., and for the first time this year we had also staff from CWT exhibiting.

The food is always plenty and delicious, the entertainment varies from year to year, from the dynamic live music of The Jam, The Mix, The Gig, to the silent disco or the photo booth with its interactive screen, where users can be creative (and manipulative!), for everyone's enjoyment.

This year was no different, with a noticeable presence of over 100 visitors during the 4 hours of celebrations, including clients and staff from Choices @ CBS, Beyond. Making it Happen!, Jobnet Employment Program, artists and their families and/or support, representatives of community groups within the Council, disability rights advocacy, council staff, etc.

This year, we were delighted to hear from Katharine Annear, Community Development Officer at CWT, and Freddie Brincat, Executive Director of CBS Inc. regarding their key messages for the internationally recognised day.

Katharine's key message was the important role of the inclusion of PWD in the Councils policies and activities, and how PWD can liaise with the Council about their concerns, plans and suggestions.

Freddie discussed this year's theme for IDPWD, which is Leadership. Freddie highlighted that the status of PWD should go beyond acceptance and inclusion, and needs to focus on taking leadership from the decisions regarding one's own life, to the ones related to employment - including self-employment, entrepreneurship, and others related to policy shaping, education, and governance.

The messages were received with much attention and, judging from the comments and discussions they generated, the day has not only been enjoyable and entertaining, it has been fruitful and allowed all of us to reflect on the true meaning of it.

CBS Inc. Staff: Harry, Mihaela & Jess with Katharine Annear, Community Development Officer City of West Torrens



# All over Nova

Andrew Callahan

I'm Andrew Callahan from NOVA Entertainment and recently Community Bridging Services (CBS) Inc. partook in a campaign with NOVA 919.

This campaign consisted of recorded commercials, recorded videos for social media and interviews all done by clients and employers from CBS Inc. This was held at the NOVA 919 office here on Hindmarsh square in a single day. Although it was a crazy day with almost 15 clients, employers and staff from CBS Inc. coming through our doors, we were able to achieve something great.

The idea of this campaign was to debunk misconceptions and re-educate South Australian's on the ability in disability.

We sat down people from 3 areas of CBS Inc. (clients, work assist and partnered employers) and asked them the tough, tricky questions and received real honest answers. The answers that we received were real and honest from real and honest people. They were also not only surprising but inspiring to listen to.

Here are some examples of the questions and answers from the people who were involved

Q: Why would you hire someone with a disability?  
A: Why wouldn't you hire someone with a disability? (employer)

Q: When has someone told you that you can't?  
A: I was told I wouldn't be able to walk again and I wouldn't be able to have children naturally. I can walk to some degree and my wife and I conceived a child naturally. Sooo done both of those! (CBS Inc. client)

Q: What does Community Bridging Services (CBS) Inc. mean to you?  
A: They are a lifeline, if it wasn't for them I wouldn't be in the position that I am in today. (CBS Inc. client)

This was an amazing day with some truly inspiring stories that I will never forget.

Thank you to all the people that were involved and I hope to do something like this with CBS Inc. in the future.



Participant Samantha during filming at Nova



Employer James, during filming at Nova

# AGM Dance group

Michael Hatchard

A group of CBS Inc. clients joined to trial a new activity made available by CBS Inc. This new and exciting program brought together clients from the Jobnet Employment Program, Choices @ CBS and Beyond. Making it Happen! In collaboration with CBS Inc. long-term partner, No Strings Attached Theatre of Disability CBS Inc. clients gathered at weekly workshops to learn about acting.

At the beginning of a six-week period, a group of strangers met with a few representatives from No Strings Attached Theatre of Disability, and quickly developed into a group of friends. Over that period, we discussed what aspects of acting we were each interested in and from that, we experimented and played with different ideas to come up with something collaboratively that we could proudly present at the CBS Inc. Annual General Meeting.

On the evening of the presentation at the AGM, we were all a bit nervous as it was the first time for all of us to do something in front of a large group of people. However, we knew if we made a mistake the audience would support us, and we were confident that one of our friends was there to help. So on with the show we went, and the two parts of our presentation went flawlessly. During the performance and at the end we could see the joy on the audiences faces and it made us all feel proud of what we had achieved over a short period. The experience was something that I was grateful to be a part of, thank you CBS Inc. and No Strings Attached Theatre of Disability.

The CBS Inc. AGM was held on the 29 October 2019 at the Adelaide Skydeck.



Dance group clockwise from rear left:

Charlie, Jermaine, Michael, Samantha, Zac, Stephen, Zoe, Nadia & Cassandra

# IPS Excellence in Partnerships

Tim Wiseman

The Metropolitan Individual Placement and Support (IPS) Partnership between CBS Inc. and Western Community Mental Health Centre were finalists in the 2019 SA Health Awards under the category "Excellence in Strengthening Partnerships." The team were invited to attend a ceremony at the Adelaide Town Hall on 21 November. The IPS program was up against some pretty strong competition and innovative programs including a Community Paramedics Program in Ceduna and a Child Development Unit Collaborative Project based at Lyell McEwin Hospital. A one minute video was produced for each program nominated and displayed on the night. This video can be viewed on the SA Health website. Although the IPS program didn't win this year, it was great to get such positive recognition for the program. The awards acknowledged the excellent work that is being undertaken by the IPS partnership and the positive outcomes for consumers. It's still early days in this partnership and I believe the best is yet to come.

has provided support to over 60 consumers to date with a significant proportion of those gaining and maintaining employment. There are some amazing success stories coming out of the IPS program demonstrating that employment has a positive impact on recovery and is life changing.

Photo: Western Community Mental Health and CBS Inc. Staff



The Metropolitan IPS program has been in operation for just over 18 months. The program

# Summit Cafe - reaching great heights

Emily Langcake

Summit Café is a new social enterprise run in partnership between Community Bridging Services (CBS) Inc. and Summit Health. The purpose of the café is to give people with a disability the opportunity gain valuable open employment while providing a service to Summit Health staff and consumers.

We have now been open just over two months and have recently started catering for events at Summit Health Centre. Feedback has been so positive that we have been booked for more catering in February! We also have introduced fresh yoghurt cups and toasted sandwiches, which are taking off, especially for the staff that forget their lunch. In this time we have celebrated James birthday, had a Christmas dinner and now have some beautiful Christmas name tags that a staff member Sally's daughter has made us! We have really been made to feel like a part of the Summit Health Team.

The CBS Inc. Summit Café team have grown so much in the past two months and are striving to achieve their dreams of delivering the best coffee and customer service in Mt Barker. We are looking forward to all that 2020 brings!

We are currently operating Monday to Friday 8.30am to 2.30pm but are looking at extending our business hours in early 2020. Next time your around Mt Barker please pop past and say hi to our friendly team, try our various food selections and grab a cup of our beautiful European Dark Roasted Mahalla Coffee.

Have a Merry Christmas from all at Summit Cafe.



Photo: our friendly Summit Cafe staff, from left: Emily, Karsten, Thomas & James

Summit Cafe is located at 85 Wellington Rd Mount Barker, South Australia.

[facebook.com/SC.CBSINC](https://www.facebook.com/SC.CBSINC)

## Please contact us:

Jobnet Employment:  
Tel. (08) 8224 2900  
Metro: [JobnetMetro@cbsinc.org.au](mailto:JobnetMetro@cbsinc.org.au)  
Rural: [liz.loizeau@cbsinc.org.au](mailto:liz.loizeau@cbsinc.org.au)

[facebook.com/CommunityBridgingServices](https://www.facebook.com/CommunityBridgingServices)

Choices® CBS:  
Tel. (08) 8201 4322  
[lynn.feeney@cbsinc.org.au](mailto:lynn.feeney@cbsinc.org.au)  
[caroline.manetta@cbsinc.org.au](mailto:caroline.manetta@cbsinc.org.au)

[in CommunityBridgingServices](https://www.linkedin.com/company/communitybridgingservices)

NDIS Enquiries:  
Tel. (08) 8224 2900  
[ndis@cbsinc.org.au](mailto:ndis@cbsinc.org.au)

## Thank you to our partner agencies

