



CBS Inc. NEWS



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Community Bridging Services (CBS) Inc. is a proud South Australian not-for-profit organisation

Cover Photo: Staff and Participants at the Port Augusta Christmas pageant 2018

Celebrating Success with school2work

Gabby Jones and Craig Love

The world of disability is being transformed thanks to the National Disability Insurances Scheme (NDIS). Despite some teething issues, the NDIS is enabling the introduction of some amazing new supports that have not been available until now. One of these areas relates to young people with disability when they leave school. This can be a highly stressful time for families and young people who are moving away from familiarity that is highly supported and in a protected environment into the adult world. Many parents describe to us how it feels like jumping into the unknown.

At CBS Inc. we have created a support called school2work. This is usually funded through NDIS School Leavers Employment Supports (SLES) or other funding lines where goals and item lines are available. school2work Supports is offered to young people up to 22 years of age. We have a holistic approach to helping young people build their capacity for a working lifestyle and to find and keep a job in open employment.

We opened school2work in February 2018 with four participants. Throughout the last 12 months, we have put in an enormous effort to create a service that we are very proud of and excited to be offering. Participants are achieving success due to our talented and dedicated staff that motivate participants. With the roll out of the NDIS, enrollments in school2work Supports are now over 30 with new enquiries coming in every day and we encourage this.

Our early school2work participants have now moved into phase 2 which focuses on seeking and participating in work experiences. An important part of school2work is that work experience (and work) is sought in open employment and based on strengths and interests rather than a narrow range of areas in low paid positions at related businesses. To date, many exciting work experiences in diverse areas have been undertaken including at the State Opera, local council, fitness / leisure centre, IT and administration.

After 12 months of experience providing school2work Supports, we have found some of the best and most rewarding aspects of the service are:

- the motivation and hard work of young people aiming to achieve their goal to obtain open employment
- the friendships that are being formed with people of similar age
- participants enjoying city life and their new adult independence where they are able to explore the city on planned activities or independently go out to lunch together
- the personal development, growth and maturity in participants helping them develop capacity to work in open employment.

We have recently opened school2work Supports at Salisbury and are planning to expand into Murray Bridge and Port Augusta in the near future. Our plan moving forward is to open other sites following demand. Although we are busy with the expansion of school2work Supports, we welcome this time to reflect and celebrate our successes to date. If you have any young people who you think may be interested in our school2work Supports, please contact our NDIS Program Coordinator, Craig Love on (08) 8224 2900 or at craig.love@cbsinc.org.au.

Nick and Zac examining water quality at the Desalination plant



I support the



More Choices in Port Augusta

Helen Altmann

Choices @ CBS has been operating in Port Augusta since July 2018. After holding a community information session and talking to other service providers, there was a need identified in the Port Augusta community for activities that provide a social focus over five days per week for small groups of participants.

Our regular activities include; cooking, gardening, visiting the beach and pool, writing letters and having a tour of the post office to follow through the letter progress. We have visited the Fire Station, participated in team building exercises like putting together furniture and board games to encourage fun, laughter, and interaction. We also learn about handling money and maths skills for daily living.

Earlier last year we had a 'get to know you' lawn bowls afternoon which Freddie Brincat OAM (CBS Inc. Executive Director) visited. We had a lot of fun and a lot of laughs.

Choices @ CBS celebrated Christmas by holding a family barbeque afternoon at the local pool. Parents and care givers came along which gave everyone an opportunity to meet. It was a pretty warm day so the cool pool was a welcome activity.

Choices @ CBS in Port Augusta was privileged to be a part of the annual Port Augusta Christmas Pageant in December 2018 for the very first time. There was an exciting build up to the event with preparations including decorating a huge banner, making bags for lollies and blowing up balloons.

All CBS Inc. Port Augusta staff participated and there was enthusiasm for the event. Everyone walked as part of the group and gave out lollies and balloons to the public. Jane, a participant said with a smile "It was the first time I had ever joined in the pageant."

Since participants have started attending, everyone has really developed social skills and engaged with the group when trying new activities.

Another participant, Lisa said she loves coming to the activities and has lots of fun. Lisa has shown progress with money handling, numeracy and budgeting. It's really helped with confidence and communication skills.

We are really excited about Choices @ CBS in 2019 and we are so happy to respond to this need and support the Port Augusta community.

IPS Turns 2

Tim Wiseman

Three Individual Placement and Support (IPS) pilot sites recently celebrated their second anniversary of operation. The Riverland celebrated with an amazing dinner and Murraylands with a enjoyable morning tea. Both events were attended by CBS Inc. Executive team representatives. The occasions were a good opportunity to acknowledge the work undertaken by teams to date and the achievements of IPS more broadly. Consumer stories were shared, highlighting the difference having a job can make to people with an enduring mental illness.

One of the stand out moments in 2018 was when Brad, an Indigenous IPS consumer who works for Eastern Hills and Murray Plains Catchment Group based in Murray Bridge presented a hand crafted digeridoo to Murraylands IPS staff. This gift was a thank you for supporting him in his employment journey. It was graciously accepted and is now on display in the Murraylands Jobnet office.

IPS continues to grow and partners have been working to expand IPS into new areas of rural SA and are in the process of implementing an IPS program at Port Augusta.

In February 2018, a new Metropolitan IPS partnership was formed with Western Community Mental Health (WCMH). CBS Inc.

is excited to be working with WCMH to deliver an IPS program to consumers of mental health services in Western Adelaide. This program commenced in April 2018 and has grown momentum quickly and will be officially launched on the 22 February 2019.

Both Rural and Metropolitan IPS programs were nominated for the 2018 SA Health awards in the building and strengthening partnerships category. A great achievement for such an innovative and holistic service model that has only been operating for two years.

To date IPS teams across the state have worked with 167 consumers with 97 (58%) of those commencing employment.

We look forward to continuing IPS in 2019 and supporting consumers in their recovery through employment.



Photo: Carolyn Watts, Penny Kidd, Tim Wiseman and Olivia Doeke

Breaking Barriers in Jobnet

Caroline Manetta

The 2018 Amelia Rix Award ceremony was held at the Adelaide Entertainment Centre in November last year, with over 100 people attending.

There were ten nominees for the Award - Chris, Samantha, Scott, Zoe, Matthew, Michael, Debra, Matthew, Paul and Dylan.

Approximately half of the nominees were from rural regions of SA, like Mannum, Port Lincoln, Port Augusta, the Riverland and Whyalla. They are employed in a variety of fields, e.g. retail, administration, production, driving, maintenance and snake catching and their community work includes the SES, Meals on Wheels, animal care, conservation, sport and hospitality.

The winner of the Award was Michael who was awarded \$1,000. Michael was nominated by Meghan and Aaron from Western Metro and had not been employed for two years before coming to CBS Inc. Both Michael and his Employment Officer identified a desire for Michael to work within the community, leading to employment at Diamond Clubhouse SA in early 2018. Once employed, Michael set himself a goal of saving for a new Ford XR6, which he achieved. Michael has completed a Certificate II and III in Community Services, and Certificate II in Horticulture. Michael volunteers with Diamond Club House, helping others build their independence and Michael is also on the Clubhouse Inc. Board

of Directors, elected by his peers. In this role he works to ensure that members' voices are heard.

The runner up of the Award was Zoe and she received \$400. Zoe was nominated by Jo from Southern Metro, works at a restaurant in Edwardstown and her employer's feedback is always positive. Zoe looks for opportunities to set personal goals and improve herself. This includes completing Certificate II in Hospitality and Certificate II in Warehousing. Zoe enjoys playing netball and currently plays for the Newton Jaguars and won the Grace Tucker Award for the Best Team Person. Zoe participates in ten pin bowling, attends a local gym regularly and is planning for her upcoming wedding.

Encouragement Awards were given out at the event to celebrate the strengths and outcomes of all nominees. Sponsors of the Award were also recognised at the ceremony.

Photo: Michael and Zoe receiving their award



Consumers lead the way as directors

Lily Durkin & Nadia Field

In 2019, CBS Inc. has two new Consumer Nominees on the Board of Directors, Lily Durkin and Nadia Field. This is the first time CBS Inc. has two Consumer Nominees, Lily from the Jobnet Employment Program, and Nadia from the Choices @ CBS.

Lily is a university student, a mentor, and a disability advocate. Lily lives with her fiancé, dog and cats, and loves plants, coffee and the TV show Grey's Anatomy. Lily is involved in various events as a Moonlight Speaker. Her passion is advocacy and she is excited to develop her skills in her new role.

Nadia is involved in the Coastal Choices program and says that through her personal experience with CBS Inc. she can understand what clients are talking about and can advocate on their behalf. Nadia finds the staff at CBS Inc. both friendly and excellent to work with. Both Lily and Nadia are passionate about being a voice and an advocate for all clients of CBS Inc. Both are excited to work together.

With the ever-expanding choice and control for clients in the disability community, this is a very exciting time. If you have a specific issue, want to have a chat about CBS Inc. or want to learn more about Lily and Nadia please feel free to contact them. Lily can be contacted via her mobile (0411 557 187) and Nadia can be contacted by calling Choices @ CBS and asking to speak with her (8207 1233). They would love to hear more about you too, and will be your consumer nominee along every step of the way in your journey at CBS Inc.

Photo: Lily Durkin and Nadia Field



PopUp Chop Shop

Fi Daniel

Emma from Chop Shop on Doeke runs a small fully inclusive disability friendly hair dressing salon in Murray Bridge.

Emma is a fully qualified hair dresser and specialises in clients with sensory, behavioural and physical disabilities. Her salon has disability access and Emma's passion is to help people look and feel their best.

Emma dropped into our Murray Bridge office late January and using the CBS Inc. staff room, Emma set up a "pop up chop shop" and gave jobseekers haircuts.



Emma from Chop Shop on Doeke with CBS Inc. participants

Continue growth and recognition: CCSA

Abby McKay

To celebrate the successful introduction of Community Concierge SA (CCSA) services at the Grenfell Centre, 25 Grenfell St, Adelaide a formal launch was held in collaboration with Jones Lang LaSalle (JLL) on Friday 16 November 2018. The focus of the launch and the partnership between JLL and CBS Inc. is to build a community within the iconic building.

CCSA an initiative of CBS Inc., is a leader for diversity and inclusion that results in creating community and social impact by providing employment opportunities for South Australians living with a disability. A unique model that is purpose driven, offers a balanced mix of professional customer service and subtle security.

A mutual partnership has been formed between CBS Inc. and JLL since April 2018 to improve services for tenants at the Grenfell Centre. This has included the recent upgrade of the foyer area of the building along with launching concierge services.

The Honourable Rachel Sanderson MP, State Member for Adelaide and Minister for Child Protection, represented the Premier of South Australia and officially opened the successful launch. The delicious catering for the event was provided by restaurants below the building including Pocha 82, Borsa Cucina and Banh Mi.

CBS Inc. has quickly developed a quality relationship with JLL and embedded the concierge service into the newly upgraded building. Together, both organisations have developed a specialised, comprehensive range of concierge work procedures, position descriptions, communication and daily work reporting. Both CBS Inc. and JLL through



Photo: Freddie Brincat OAM (ED, CBS Inc.), Jamie Guerra (MD, JLL), Rachel Sanderson (Member for Adelaide, Minister for Child Protection), James (Moonlight Speaker)

CCSA, have a unique, innovative model of service delivery that utilises the strengths of a committed workforce and promotes community and personalised customer support within the Grenfell Centre.

To find out more about CCSA services please contact:

Abby McKay or Visva Nathan 8224 2900 abby.mckay@cbsinc.org.au visva@cbsinc.org.au

Cruising with the dolphins

TeeJay Millam & Bev Robertson

Another fantastic end to the year with our yearly client Christmas party!

Following on from previous highly successful parties on 'The Port River Dolphin Cruise' in December 2018 was no exception with more than 60 clients and staff attending. We were fortunate enough to also have a few country participants from both Murray Bridge and Port Pirie attend, along with Claire Boan, the Mayor of the City of Port Adelaide Enfield. Despite the heat being over 38 C everyone enjoyed the meal and cruise. A brave few who braced the heat outside were lucky enough to spot some dolphins on the trip as well!

A big thank you to Allison from 'The Port River Dolphin Cruise' for putting on such a fantastic event, along with all the on-going support she provides CBS Inc. clients.

The CBS Inc. client Christmas party is a fantastic way to interact, network and relax from all the hard work throughout the year. We look forward to the next client Christmas party!



Photo: CBS Inc. Executive Director, Freddie Brincat OAM with, Gilles Plains participant, Perry

Please contact us:

Jobnet Employment:
Tel. (08) 8224 2900;
Metro: JobnetMetro@cbsinc.org.au
Rural: liz.loizeau@cbsinc.org.au

facebook.com/CommunityBridgingServices

Choices CBS:
Tel. (08) 8201 4322;
lynn.feeney@cbsinc.org.au
caroline.manetta@cbsinc.org.au

CommunityBridgingServices

NDIS Enquiries:
Tel. (08) 8224 2900;
ndis@cbsinc.org.au

Thank you to our partner agencies

