

Psychologists can help in work and life..

- Better manage anxiety, depression or anger
- Increase motivation
- Learn stress management strategies
- Address relationship issues
- Develop social skills
- Solve and manage problems



Psychology Services



Catherine Soukoulis



Vanessa Launer



Laura Harley

Psychologists are based at CBS offices in the city, Gilles Plains, Elizabeth and Warradale.

Sessions are free if you are eligible for a referral from your GP.

Speak to your Employment Officer for more information or to make an appointment.

Contact

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Blacks Road
Gilles Plains SA 5086
T (08) 8207 1262
F (08) 8201 4317

Shop 3/3 Elizabeth Way
Elizabeth SA 5112
T (08) 8259 2500
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Tenancy 4
156-162 Sturt Road
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Australian Government

Department of Education, Employment
and Workplace Relations



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