

Socialize

Socialize is an exciting boutique-style Day Options services developed by CBS as a community based alternative to larger day centres and costs no more. There is a maximum of 12 participants in each program and a guaranteed five community outings every fortnight per person. To be eligible, you need to be between the ages of 18-26 years when you start. Socialize is based at the Lyons Road Community Centre, Dernancourt.

Independent Living Skills (ILS) Programs

Develop the ability to prepare a variety of meals using a range of appliances and relevant processes. Be involved in shopping for groceries and preparing a meal to be eaten at the end of the session. For further information contact:
T 08 8207 1210
E cbs@cbsinc.org.au

Staff

All staff have completed the Community Bridging Services (CBS) Inc. Work, Social Inclusion and Community Development Program and hold a current First Aid Certificate. DCSI (Department of Communities and Social Inclusion) Clearances are conducted on all staff prior to employment. Additional training is regularly provided to staff, eg.

- medication administration
- manual handling
- managing behaviours of concern
- duty of care
- WHS
- Disability Awareness
- counselling.

Further Education

Literacy and Numeracy

Offers various levels of literacy, numeracy and life skills training that can be used as a stepping stone to other mainstream TAFE programs. Students do modules of Certificate 1 in Introductory Vocational Education. Includes the program: What's on *your* i-pod. For further information and how this can connect to other CBS programs, contact:
T 08 8207 1210
E cbs@cbsinc.org.au

Work, Social Inclusion and Community Development Program

A two day education program for CBS staff, volunteers and people working or interested in working with people who have a disability, illness, injury or disadvantage. This program has been designed to assist people looking for work in the fields of recreation or employment services, and has been running for 18 years. The program is an initiative of CBS. For further information contact:
T 08 8224 2900
E cbs@cbsinc.org.au

Community Bridging Services is for any person regardless of disability, age, sex, race.



Consultancy to the community

CBS provides consultancy and support to individuals and agencies


- programs for staff development
- presentations/lectures
- seminars/workshops
- project work
- establishing new programs

Contact

General enquiries
T 08 8207 1210
F 08 8201 4317

Web

www.communitybridgingservices.org.au

 Join our Community Bridging Services (CBS) Inc Facebook page

Email
cbs@cbsinc.org.au

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**Creating Independence
Providing opportunities
for Open Employment,
Further Education and
Recreation**

**Community Bridging
Services (CBS) Inc.**



AN AUSTRALIAN GOVERNMENT INITIATIVE

Jobnet Employment Program

The **Jobnet Employment Program** assists people with a disability, illness, injury and/or disadvantage to find and maintain open employment. Jobnet is funded by the Australian Government Department of Social Services (DSS). The Jobnet Employment Program provides:

- 1:1 case management and support
- education and training
- resume development
- career planning
- work trials
- job search
- job placement and on-the-job support
- post-placement support
- personal development
- Career Voyage vocational assessment tool
- social activities.

Who are Jobnet job seekers?

Jobnet job seekers are:

- assessed as eligible for Disability Employment Services meaning either Employment Support Services (ESS) or Disability Management Services (DMS).
- seeking work in open employment
- motivated to work and achieve success.

Jobnet Employment Programs are provided in the following regions

Adelaide Metropolitan
Riverland
Eastern Murray Mallee/
Murraylands
Port Lincoln/Eyre
Ceduna
Mid North
North Flinders
Community Development
Programme (CDP).

Jobnet can assist you to find employment by developing your strengths and interests.

You will have an Employment Pathway Plan (EPP) developed in consultation with you. This plan allows you to develop your goals and sets out how to achieve them.

You can receive pre-employment training, job search, job support and career planning from Jobnet. People with a disability bring a range of skills, abilities and qualifications to the workplace. Many businesses already employ people with a disability and have enjoyed the positive benefits of doing so. For employers, Jobnet is available to provide you with support to employ someone with a disability.

As an employer you:

- have the opportunity to assess a job seekers suitability through a no obligation work trial
- have access to a free recruitment service
- receive ongoing support by Jobnet staff including providing on the job support if required
- have an employee who is motivated to work.

What JOBNET will do

Jobnet will provide free assistance and support for employers in:

- negotiating employment subsidies e.g. Wage Subsidies, Supported Wage System
- arranging workplace modifications
- arranging insurance for unpaid work trial placements
- assisting in enhancing skill development with ongoing training
- paid work trials.

Job seekers have been employed as

Call centre operators, kitchenhands, market gardeners/horticulturalists, apprentices/trainees, waiters, storepersons/packers, receptionists, car detailers, farmhands, recyclers, factory hands, retail workers, food process workers, bank officers, security officers, labourers and more. For further information contact:
T 08 8224 2900 or
08 8207 1262
E cbs@cbsinc.org.au

Day Options

Recreation and skill development for people with a disability

The main point of difference between CBS and most other Day Options service providers is that we generally have a higher staff to participant ratio, so that we can better respond to individual needs.

Who takes part in CBS Day Options?

Participants are people with a disability who enjoy recreation and learning. Small groups use local neighbourhood houses and community centres as a program base. CBS does not run programs from institutional settings or from isolated houses. Groups respond to individual needs with most having the support of one staff to three participants. Day Options assist people to develop networks, make friends, make decisions and enjoy their experiences.

The program provides participants, some who use a wheelchair, with at least one day per fortnight and up to five days per week of enjoyable experiences. Recreation and community inclusion develop independence, confidence and social skills.

Our staff plan each activity in consultation with participants and carers.

A combination of regular and occasional experiences are organised eg:

- swimming
- museums
- restaurants
- movies
- art galleries

Activities are also provided at the program base with the assistance of other professionals and community support services eg:

- cooking
- art
- music
- massage

Transport is available to each group.

Programs are located throughout Adelaide.

Choices® is a day option with the goals to:

- have fun
- develop independence
- make choices
- develop your potential
- meet people, make friends and go places
- develop new skills
- increase your self esteem through positive experiences
- improve your personal development.

Choices® was developed in 1993 by Freddie Brincat OAM, Executive Director of Community Bridging Services (CBS) Inc. due to a need for culturally productive and meaningful recreation and skill development activities for people with a disability.

Communication diaries

Program participants are encouraged to bring along a diary or communication book to keep a record of their experiences. Staff use them to record experiences and relevant information to carers. This provides regular two-way communication between staff and carers/parents.

Community Recreation/Skill Development

CBS provides the opportunity for individuals to increase their life opportunities through a range of recreational experiences:

- outdoor adventure programs
- craft
- Westenders social (evening) group.

Art

CBS offers four weekly art programs under the direction of a professional artist. Various media which can be used in artistic expression are explored. Regular exhibitions occur including SALA (South Australian Living Artists) Exhibition in conjunction with the Eastern Community Centre.